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| **1**. **TRAINING ACTIVITIES (SEE ALSO SUPPORTING YOUTH SAILING)** | To be reviewed, updated and monitored by the Training committee. Last reviewed by Trg Committee Mar 2025. |

Objectives:

1. To continue to provide a full programme of fun and informative training.
2. To provide a greater range of training and support to increase participation in sailing and racing.
3. To increase the standard of club racing.

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| Current position | How the club plans to achieve the objectives | | |
| Instructors:  10senior instructors (not all active)  9dinghy Instructors  7PBI  2Assistant instructors  2 club race level 2 coaches  2 coach level 3  On-Board and taster sessions run.  Dedicated training centre with PC driven projector.  For a listing of current training please see Training Programmes. Training courses are open to non-members, (subject to the availability of places).  Adult Training fleet  4 x Wayfarers  2 x Quests  2 x Bahia (asymmetric, centre main to fleet)  2 x Hartley H12/2  6 x Pico  3 x Lasers (multiple rigs)  1 x Xenon | **To consolidate our position:**   1. Maintain status as an RYA Recognised Training Centre. 2. Offer high quality RYA Training to our members and people who want to learn to sail 3. Maintain or increase the number of instructors by encouraging and by subsidising suitable members to attend courses run by the RYA East Midlands Region. 4. Ensure that all instructors have safeguarding checks performed (not just those who instruct children) 5. Attract new members to the Club and the sport through Try Sailing Sessions, 6. Run an Assistant Instructors course, and include Junior Assistant Instructors. 7. Train additional safety boat drivers and instructors where necessary. 8. Encourage appropriate sailors to qualify as Club Race coaches (level 2 coaches). 9. Support Fleet captains to organise fleet training and/or social events to increase participation in sailing and racing. 10. Support sailors who have recently achieved level 1 /2 through mentoring or additional tuition. 11. Run level 3 course, back on the Water, and TRY SAILING days to increase participation 12. Encourage further women instructors from AI through to SI.   **In 2025 to specifically :**   1. Train more instructors particularly coaches 2. Maintain the full training programme 3. Support members to get back on the water, with a more flexible course and pricing structure 4. Increase number of people taking PB2 and SB courses 5. Run AI course 6. Add free sessions to those who take L1 courses, to help retention   **By 2026 to**:   1. Have trained appropriate members as SI/ instructors/Level 2 Club race coaches. | | |
| **2**. **YOUTH SAILING** | | | To be reviewed, updated and monitored by the Training committee. Last reviewed by Trg Committee Mar 2025 |

Objectives: 1. To introduce juniors, inside and outside of the Club, to the enjoyment of sailing and windsurfing as a life-long sport and activity

2. To provide well supported teaching and coaching to junior sailors in a fun and safe environment

3. To provide support and coaching opportunities for young sailors to sail competitively inside, and external to, HSC

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| Current position | How the club plans to achieve the objective |
| 1994 Youth training established. Many club members have achieved National squad status in dinghies and sailboards and the Club has trained three National Champions and one Olympic Squad member.  **Event Highlights**  Junior summer sailing week for RYA dinghy sailing courses and windsurfing, is open to non-members. Over 40 young sailors attend this event each year.  Three two day start sailing/On Board courses to attract non members  Regular Sunday morning training and coaching.  Enthusiastic and appropriately trained youth leaders.  Excellent parental support.  Safeguarding procedure is well established and maintained.  More experienced youth sailors:   1. Race in the Northants Youth series 2. Participate in Regional Group training and class specific national training 3. Participate in club races.   Range of modern club craft provided: 6 Picos, 8 RS Teras, 7 Optimists, 8 centre mains Toppers,3 Lasers (3 rig sizes), 1 RS Feva, 2x Hartley H12/2 A variety of windsurfing rigs. Taster events held on Tuesday evenings in May and June. | **To consolidate:**   1. Improve the sailing and racing of the juniors through programmed coaching and training sessions. 2. Continue to offer to host class training days and Open meetings particularly for craft such as Toppers, Optimists and Lasers. 3. Maintain the quality of club owned youth craft (see under club craft) to encourage and provide alternative craft for young sailors to sail. 4. Continue to support the links with NSSCA 5. Recruit young sailors through tasters and junior start sailing, and through being a ‘family friendly’ club 6. Maintain links with RYA Coaching and the RYA Development Officer 7. Encourage young sailors to participate in club racing at HSC, and move into local and national events. 8. Continue to provide coached races or race coaching as necessary 9. To support young sailors to compete in the Northants Youth Series. 10. Organise Assistant Instructor courses 11. Ensure that we make use of any RYA support available. 12. Progress our Assistant Instructors to help on courses and then move on to becoming DI.   **In 2025:**   1. to increase numbers of children racing 2. Become an RYA pathway club. 3. Encourage more youths to take part in sailing outside of the Club 4. Encourage more youths to take part in regional training leading to the RYA Regional Championships 5. Run winter training again 6. Investigate coaching at a sea venue 7. Encourage those that come for Sunday morning coaching to stay for the rest of the day   **By 2026 to:**   1. Encourage more club members to become involved in supporting youth training. 2. Make links with other community groups interested in sailing and using the club facilities. e.g. Scouts, schools. 3. Work out how best to transition sailors from Junior to Youth classes |